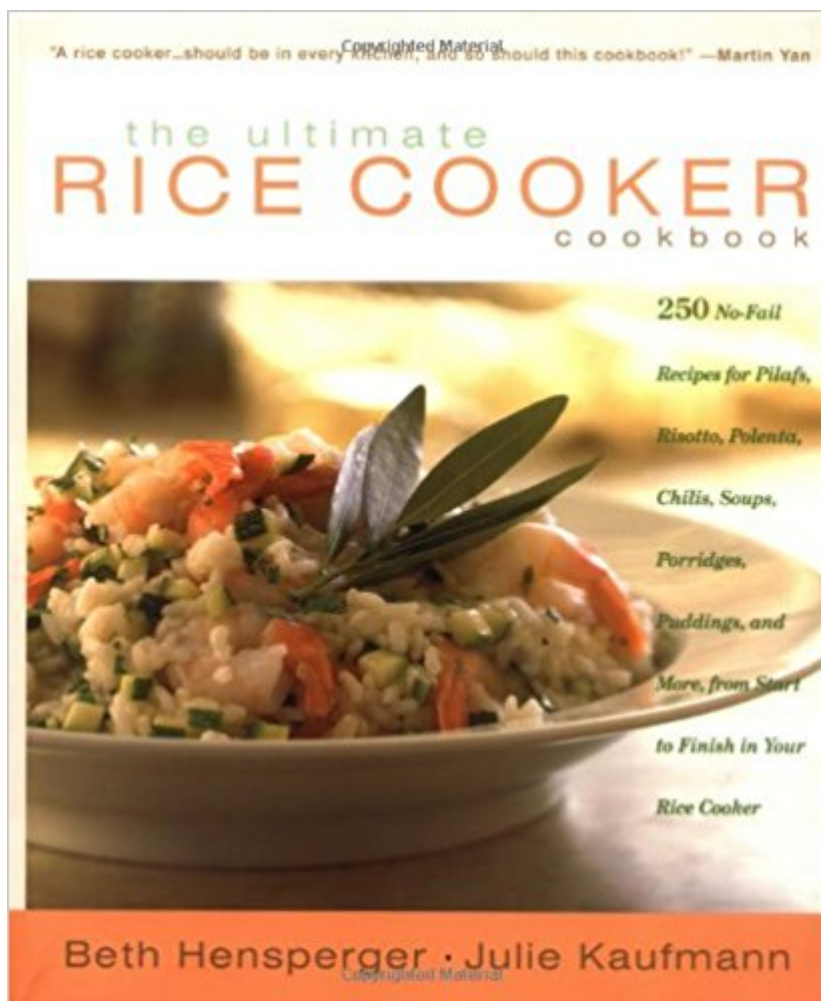




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The Ultimate Rice Cooker Cookbook



Synopsis

This book unlocks the rice cookers potential for the American kitchen.

Book Information

Hardcover: 384 pages

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Customer Reviews

Beth Hensperger and Julie Kaufmann's *The Ultimate Rice Cooker Cookbook* offers 250 timesaving, convenient, and healthy recipes for making everything from simple white rice to full-course meals. This cookbook proves the rice cooker--which tends to have a bad rap as a never-opened or oft-neglected wedding gift--can be surprisingly versatile: not only does it prepare your rice, it can be used for every dinner course--salad, soup, vegetable, entree, and even dessert. There is a complete buying and cooking guide for the many rice varieties, as well as other whole grains such as barley, millet, wheat berry, and quinoa. Many of the recipes provide convenient alternative cooking methods for traditional dishes like Italian risottos (the Italian Sausage Risotto is wonderful). Hensperger and Kaufmann show the rice cooker can also work miracles for hot breakfast cereals and porridges with such recipes as Hot Fruited Oatmeal. Delightful main courses include Steamed Ginger Salmon and Asparagus in Black Bean Sauce, and the meal is done almost exclusively within the rice cooker for simple preparation and cleanup. The dessert section has many ideas beyond the expected Old-Fashioned Rice Pudding--the Poached Pears with Grand Marnier Custard Sauce is one elegant and sophisticated example. Both authors of this cookbook are seasoned food writers and this combined effort gives tasty, easy, and healthy recipes that will motivate you to use what has been, until now, an underutilized appliance. --Teresa Simanton

Hensperger is well known as the author of a dozen or so books on bread. Here, she and Kaufmann, food editor of the San Jose Mercury News, show just how versatile a simple rice cooker can be. They start with rice, of course, providing an excellent guide to the numerous varieties now available and cooking directions. Included are recipes for dozens of rice dishes from risotto to sushi and a chapter on other grains. There are also recipes that use the cooker to steam vegetables, main dishes, dim sum, and tamales, and readers will find a good assortment of desserts, from silky custards to creamy puddings. Other books, such as Stephanie Lyness's *Cooking with Steam* (o.p.), have focused on various aspects of "steam cuisine," but Hensperger and Kaufmann's is far more ambitious and wide-ranging. For most collections. Copyright 2001 Reed Business Information, Inc.

First, and important to me, this book is extremely hard to read if you have any problems with low contrast. The main text is in a small font and grey as opposed to black, and the ingredients are listed in a light sort of rust color. Pretty to look at but not practical. On the other hand, the information on using a rice cooker and the different types, as well as the recipes themselves, are quite wonderful. So I ended up buying the book twice, once as a paperback and again as a Kindle book so that I could read it. Nice for but not so nice for my pocketbook. Thus if you have any issues seeing light print, and you own a Kindle or an iPad with the Kindle app, then buy it that way. The book itself is recommended; the presentation is abominable.

I bought a rice cooker, learned the basics of preparing rice and then wanted to expand my skills. So I bought a few cookbooks but this is the **ONLY** one that has recipes my whole family loves, so much so that we use it at least 3-5 times a week and never feel like we're eating the same thing. The recipes aren't just for rice but for all sorts of grains and vegetables and fruits as well. In fact, I'm ready to throw out my crockpot because the meals prepared in the rice cooker are much better, don't have that overcooked, stewed taste you can get with a crockpot and have all the convenience and ease that I need with my busy schedule. The directions are clear and the recipes range from the simple (plain cooked grains) to the more complex (rice with coconut and currants... or grits with cheese and spices) The ultimate test of a good cookbook, of course, is getting compliments and raves about the food. Every time I've made a recipe from this book, the food has been devoured quickly. We rarely have leftovers and my son's friends even make a point of looking in the kitchen to see if the rice cooker is turned on (yes, the recipes in this cookbook are **THAT** good).

I have made several of the recipes in this book and continue to be extremely impressed. Many of

the recipes are quite simple, and if esoteric ingredients are called for they are explained and described and are the focal point of the recipe. More than any other cookbook, this book gave me a food education as well. I learned an incredible amount about rice and about a variety of cultural adaptations of rice without feeling like a captive audience. This book is extremely well organized and easy to understand and follow. The shopping section at the end with internet sources to purchase unusual rices, spices, and vegetables is excellent. I am recommending rice cookers highly, and in the same breath, I make sure to recommend this book. We have given it as a gift at several weddings. Almost 4 years after first purchasing this book, I am still using it more than any other book on my shelf (although "How To Cook Everything" may be gaining). When I first got the book, I owned a cheap, Target on/off cooker. I now have a high end nonstick fuzzy logic cooker with a steamer tray. I have utilized many, many recipes and have many yet to go. It's hard to try new recipes when every recipe tried bears repeating. Buy this book!

It never occurred to me that I could cook anything but rice in a rice cooker. Imagine my amazement to discover all kinds of dishes in this Kindle cookbook. From breakfast dishes to veggies, desserts and whole grains - there are so many recipes I want to try I almost don't know where to begin. The book is well-written, the introduction about rice cookers excellent and the recipes really easy to follow. As I skimmed through this book, I went (of course) to the desserts! and found a dish I've never heard of or tasted - stewed blueberries. Clearly, this is going to be my first try. Thanks for introducing me to a whole new world of cooking.

I got some very good recipes and tips in this cookbook. Still using it to this day! Thank you.

Total all inclusive rice cooker book. I need to step up and use some of the many recipes in the book. I have a Great Panasonic rice cooker with the steamer but have just not used it to make an all in one meal. The book is very thorough and describes any and all types of rice and what to do with them. Great efforts are made to link the recipe with the correct kind of cooker. There is something in here for everyone. Highly recommended

Was not what I expected and ultimately not that useful. More like one of those huge slow cooker cookbooks that turns all recipes into slow cooker recipes. Some interesting information on rice cookers in the beginning..

Not what I was expecting, but it is a nice book

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